

Arizona Substance Abuse Partnership May 10, 2018 2:30 p.m. Arizona Department of Health Services State Health Lab

250 N. 17th Avenue, Phoenix, AZ 85007

A general meeting of the Arizona Substance Abuse Partnership (ASAP) was convened on May 10, 2018 at the Arizona Department of Health Services State Lab - 250 N. 17th Avenue, Phoenix, AZ 85007, notice having been duly given.

Members Present (19)
Bill Montgomery, Chairperson, Maricopa County Attorney's Office
Maria Cristina Fuentes, Vice Chairperson, Governor's Office of Youth, Faith and Family
Lawrence LaVeque, Business Community
Alberto Gutier, Governor's Office of Highway safety
Gregory McKay, Arizona Department of Child Safety
Tony Vidale [Designee for Andy LeFevre], Arizona Criminal Justice Commission
Charles Ryan, Arizona Department of Corrections
John Cocca, Arizona Department of Liquor Licenses and Control
Kathy Waters, Administrative Office of the Courts
Catie Clark, Substance Abuse Epidemiology Work Group
Frank Milstead, Department of Public Safety
Jeff Hood, Department of Juvenile Justice
Kathleen Grimes, Graham County Substance Abuse Coalition
Merilee Fowler, Substance Abuse Prevention Nonprofit
Lee Pioske, The Crossroads
Alexis Susdorf, Department of Education
Dawn Mertz, High Intensity Drug Trafficking Area
Thomas Kelly, Apache Junction Police Department
Maureen Curley, Tribal Representative

Staff/Guests Present (9)	Members Absent (7)
Samuel Burba, Governor's Office of Youth, Faith and Family	David Klein, US Department of Veteran Affairs
Malcolm Hightower, Governor's Office of Youth, Faith and Family	Tobi Zavala, Arizona Board of Behavioral Health Examiners
Adrian Gariboldi, Governor's Office of Youth, Faith and Family	Cara Christ, Arizona Department of Health Services
Jim Kreitler, Calvary Treatment Center	Esther Winnie, Attorney General's Office
Mark Martz, Arizona Department of Health Services	Leah Landrum-Taylor, Arizona Department of Economic
	Security

Erika Mansur, Attorney General's Office	Wanda Wright, Arizona Department of Veteran Services
Al Laurita, High Intensity Drug Trafficking Area	Kelli York, Substance Abuse Treatment Provider
A. Min Kang, Banner Poison Poison and Drug Information Center	
Michael Mitchell, Maricopa County Attorney's Office	

Call to Order

• **Bill Montgomery, Chairperson**, called the Arizona Substance Abuse Partnership (ASAP) meeting to order at 2:30 PM. With 19 members and 9 staff and guests present.

Welcome/Introductions

 Maria Fuentes, Vice Chairperson welcomed everyone, introduced new members, and asked remaining members to introduce themselves.

Approval of Minutes

- Chairperson Montgomery requested a review of the February 8, 2018 meeting minutes.
 - o **Alberto Gutier** motioned to accept the February 8, 2018 minutes without revision.
 - Charles Ryan seconded the motion.

Update on Strategic Plan and Goal Council Work

- Vice Chairperson Fuentes stated that the administration is considering a new Executive Order for the Arizona Substance Abuse Partnership. As soon as a decision is made on the potential of a new Executive Order a strategic plan will be drafted for ASAP.
- Vice Chairperson Fuentes stated the Goal Council 3 is continuing to implement all aspects of the opioid epidemic act. The Department of Health Services will be available to give a more in-depth review of data at the next ASAP meeting. Vice Chairperson Fuentes shared that Goal Council 4 is exploring next steps following the implementation of its strategic plan to reduce recidivism rates.

Arizona Border Strike Force and Substance Abuse Prevention Initiatives

- Frank Milstead presented on the Arizona Border Strike Force (BSF). Founded in 2015, the BSF seeks to secure the Arizona border by disrupting and dismantling the drug cartels operating in the area. The BSF works in partnership with the Alliance to Combat Transnational Threats (ACTT) and other law enforcement agencies operating on or near the border. The BSF works primarily in Arizona southern counties, and targets key highway routes and desert corridors utilized by traffickers in the area. Since its inception, the department has seized some 2900 pounds of methamphetamine, 725 pounds of cocaine, 340 pounds of heroin, 58,000 pounds of marijuana, over 8,000 Rx pills, and 280 firearms.
- Colonel Milstead stated that methamphetamine is becoming a much bigger trafficking problem, with a 120% increase in seizures in 2017 compared to 2015. BSF officers also continue to collaborate with their counterparts in Sonora, Mexico. The Arizona Counterterrorism Information Center has also developed a new "tips and leads" system to help the BSF in its activities. In addition, the BSF utilizes tactical diversion squads to go after overprescribers of controlled substances and pill mills.
- Colonel Milstead called for people outside of law enforcement to put forth a renewed campaign to reduce demand in the state. Finally, Colonel Milstead stated that the Department of Public Safety is seeking to build trust with all of its partnering organizations, and continues to encourage partners at the federal level to develop a national prevention campaign to combat heightened demand and improve prevention efforts.
- Chairperson Montgomery thanked Colonel Milstead for his presentation and emphasized the need for a sustained interdiction campaign in combination with a policy approach directed ay demand reduction and treatment.

2018 High Intensity Drug Threat Assessment

AI Laurita presented on HIDTA's 2018 threat assessment. Mr. Laurita stated that the Sinaloa cartel remains the
main trafficker on the Arizona border region. Much of the drugs being trafficked are moved with the Mexican and
American highway systems, from where they can be distributed across the rest of the country. Most seizures
occur within 150 miles of the border, largely at ports of entry or in desert areas. Arizona continues to be a source
area where command and control elements of Mexican Drug Trafficking Organizations (DTOs) operate. The top

- drug threats to Arizona are: 1) methamphetamine, 2) heroin (including synthetic opiates), 3) Marijuana, and 4) Cocaine
- Chairperson Montgomery thanked Al Laurits for his presentation and stated that as addiction rates continue to increase, overdose deaths due to heroin and other drugs will likely increase as well.

E-Cigarettes and Vaping Use within Arizona Youth

- Erika Mansur presented on the Arizona Youth Tobacco Program and E-Cigarette devices in Arizona. Ms.
 Mansur began by stating that E-Cigarette use with Arizona youth has increased significantly since 2011, when the products first hit the market. E-Cigarette use now eclipses traditional tobacco use by youth. Juul is the most popular E-Cigarette brand, but a youth are using wide variety of other brands as well.
- Ms. Mansur reported that only about a fifth of high school e-cigarette users knowingly use nicotine-laced liquids. However, studies have shown the content of E-Liquid to be remarkably inconsistent.
- In an effort to determine what Arizona youth are actually vaping, Arizona Attorney General's Office worked with
 the Arizona State Lab to test a sample of the E-Liquid seized by School Resource Officers (SROs). 95% of
 products assessed tested positive for nicotine. In addition, 57% of these products had extremely high levels of
 nicotine. Juul pods, for instance, averaged 44-77 mgs of nicotine per pod in testing. Alarmingly, these cartridges
 have a tendency to leak, and nicotine constitutes a hazardous waste.
- Ms. Mansur stated that these results indicate that many kids do not understand that they are ingesting nicotine. As more and more youth get exposed to these products, kids are reporting many of the symptoms of nicotine poisoning. The Arizona Youth Tobacco program will continue work to collaborate with ADHS and ADE to develop educational materials for SROs, school nurses, students, teachers, and parents. In addition, the organization will present at the Arizona School Resource Association Annual Conference and continue to test E-liquid confiscated from students.
- Mark Martz presented on youth use of E-Cigarettes in Arizona. Mr. Martz stated that national data indicates that more than 2 million middle and high school students were current users of e-cigarettes in 2016, that 11% of high school and 4.3% of middle school students were current users of e-cigarettes in 2016, that E-cigarette use rose from 1.5% to 16.0% among high school students and from 0.6% to 5.3% among middle school students from 2011 to 2015, and that 81% of current youth e-cigarette users cited the availability of appealing flavors as the primary reason for use.
- According to the 2014 Surgeon General's report, E-cigarettes are now the most commonly used tobacco product
 among youth, surpassing conventional cigarettes. In addition, E-cigarette aerosol is not harmless. It can contain
 harmful and potentially harmful constituents including nicotine. Nicotine exposure during adolescence can cause
 addiction and can harm the developing adolescent brain. E-cigarettes are also marketed by promoting flavors
 and using a wide variety of media channels and approaches that have been used in the past for marketing
 conventional tobacco products to youth and young adults.
- A 2018 National Academies of Sciences, Engineering, and Medicine study indicates that there is conclusive evidence that in addition to nicotine, most e-cigarette products contain and emit numerous potentially toxic substances, and that there is substantial evidence that e-cigarette aerosol contains metals. These companies, including JUUL Labs, are actively reaching out to schools across the county requesting to provide tobacco prevention education programming to youth. The Food and Drug Administration (FDA) has cited 40 retailers for violations related to youth sales of JUUL e-cigarettes. These are the first steps in a new effort aimed at stopping youth use of e-cigarettes at the federal level. At the state level, the Arizona Department of health Services (ADHS) Office of Tobacco Prevention and Cessation (OTPC) has made E-cigarettes their number one youth priority. To target this problem, OTPC has begun 1) a media campaign, 2) increased FDA and AGO inspections, 3) promoted youth education, 4) encouraged the utilization of the Stanford Prevention Toolkit, and has collaborated with stakeholders to draft and disseminate a letter to schools and community partners on Juul's efforts to contact schools.
- Bill Montgomery asked if Marijuana industry dollars are used to fund Juul's efforts.
- Ms. Mansur stated that she is unsure of current relationship between the two entities. However, the founder of JUUL developed a company focused on the manufacturing and sell of a devised used to consume marijuana.
- Kathy Grimes asked if other addictive substances have been detected in E-Liquid.
- Ms. Mansur stated that, while Nicotine is by far the most common substance in E-Liquids, substances like THC have been detected as well.

- John Cocca asked if the Arizona Youth Tobacco program continues to test all the products that come into their
 office.
- Ms. Mansur states that they no longer test all the products, and assume that most contain Nicotine.
- Alexis Susdorf asked if any schools in Arizona have a current relationship with JUUL.
- Ms. Mansur stated that one school in Goodyear has a relationship with the organization, but she is unsure of the
 extent of the relationship.
- Lee Pioske asked what children believe they are vaping if they do not believe they are using Nicotine.
- Ms. Mansur replied that some E-Liquids only contain flavored water vapor.

Treatment Call Center

- A. Min Kang, Ph.D. presented on the Arizona Opioid Assistance and Referral (OAR) Line. The goal of the OAR
 Line is to provide 24/7 opioid related resources to clinicians and patients. As of May 2018, ADHS has met all of
 the goals specified for the development of the OAR Line within the timetables identified. The OAR Line is no
 actively accepting call from clinicians and the public. In the next month, ADHS will begin to advertise the OAR
 Line to the general public.
- Dr. Kang reported that analgesics (pain relief medication) are currently the most common substances reported in poison control center calls.
- Dr. Kang explained the Center for Toxicology & Pharmacology Education and Research (CTPER) operates the OAR Line. Protocols for the OAR Line continue to be refined as more calls are taken. The number of people using the Line is still relatively modest, but numbers are expected to rise as clinicians and the public begin to utilize the line more and more. CTPER plans to collect and publish data on the operations of the OAR Line.
- **Dawn Mertz** asked if the clinicians encouraged to call the line include pharmacists.
- Dr. Kang confirmed that all clinicians, including pharmacist, naturopathic doctors, and others are encouraged to
 use the line.

Subcommittee Report Outs:

 Chairperson Montgomery stated that subcommittees of the Arizona Substance Abuse partnership would provide updates to the group.

• Prescription Drug Core Group

Samuel Burba stated the Rx Core Group has completed updates to the Rx Toolkit and developed a web-based platform to access, download and request technical assistance and training. In addition, the Rx Initiative Health Care Advisory Team, led by ADHS, has finalized the update to the Arizona Opioid Prescribing Guidelines. The updated guidelines are on the ADHS website and have been added to the Rx Toolkit. Further, ADHS has updated DumpTheDrugsAz.org with geo-mapped permanent drop box locations. Over the next quarter, the group will need to update its work plan based on recent Governor's Goal Council activities and passage of the Arizona Opioid Epidemic Act. This includes the development of a Statewide Protocol for Drug Drop Boxes and the provision of training and technical assistance to communities on the Rx Initiative and use of the Rx Toolkit.

• Epidemiology Work Group

- Catie Clark, Ph.D. stated that the Epi Work Group is focused on the following tasks: 1) assist the Youth Prevention Sub-Team (of Goal Council 3) in the creation and review of a report on the status of substance abuse prevention programs in Arizona's schools; 2) assist the Arizona Health Care Cost Containment System (AHCCCS) with the statewide substance abuse prevention needs assessment for the Substance Abuse and Mental Health Services Administration (SAMHSA); and 3) finalizing a list of additional projects the Work Group would like to pursue for the coming year.
- Dr. Clark stated the Strategic Prevention Framework Partnerships for Success (SPF-PFS) grant is coming to an end on September 30, 2018, which funds technical assistance training for coalitions and non-profits on accessing and utilizing statewide data. Next quarter, the Work group will provide an updated work plan.

Recidivism Reduction Work Group

 Michael Mitchell stated that Arizona Department of Corrections (ADC) will use grant funds to train approximately 275 additional corrections officers in Motivational Interviewing during 2018, and to provide Effective Practices in Community Supervision (EPICS) training to corrections officers already trained in Motivational Interviewing.

- Mr. Mitchell stated that the Work Group is working with ASU CABHP identify and development coalitions in the following counties: Pima, Pinal, Maricopa, Navajo, and Coconino. The Work Group is trying to ensure that tribal coalitions are also being developed in Gila River and Navajo as well.
- Over the next quarter, the Work Group will continue to train corrections officers in motivational interviewing and EPICS, will hear a presentation from ASU on Coalitions at the June meeting, and will continue to identify and organize county coalitions.
- Charles Ryan stated that ADC's success with the grant funding is a testament to statewide collaboration. Mr. Ryan stated that the state of Arizona is being seen as a model for other states considering recidivism reduction efforts.

Program Inventory Work Group

- Jim Kreitler stated that the Work Group has received and implemented provider updates from the Arizona Health Care Cost Containment System (AHCCCS) to the treatment locator.
- Mr. Kreitler stated the Work Group has partnered with the Department of Health Services, the Banner Poison Control Call-Center, Arizona Health Care Cost Containment Center, and the Governor's Office of Youth, Faith and Family to ensure the treatment locator is a viable tool for the Poison Control to use when referring individuals to substance abuse care.
- Mr. Kreitler stated that over the next quarter, the Work Group continue to improve the functionality of the Arizona Substance Abuse Partnership Locator by including information on which treatment providers are listed as a Center of excellence. The Work group will also continue to improve filter functionality.

2018 Meeting Dates

- Vice Chairperson Fuentes reviewed the future meeting dates with the commission, directing them to review the
 meeting date document included in their packet of information.
- Future meeting dates as listed on the agenda:
 - Thursday, August 9, 2018
 - Thursday, November 8, 2018

Future Agenda Items

- Vice Chairperson Fuentes asked commission members for future agenda items. Catie Clark offered to discuss results of the 2018 Arizona Youth Survey at the November 8 meeting. No other requests for future agenda items were made.
- Vice Chairperson Fuentes asked commissioners to share future agenda items with Samuel Burba as he plans the next meeting.

Call to the Public

 Vice Chairperson Fuentes conducted a call to the public. No members of the public addressed the Commission.

Adjourn

- Chairperson Montgomery requested a motion to adjourn the meeting.
 - o **John Cocca** made a motion to adjourn the meeting.
 - o Charles Ryan seconded the motion.
 - o The meeting adjourned at 4:07 PM

Dated the tenth day of May 2018 Arizona
Substance Abuse Partnership
Respectfully Submitted By:
Samuel Burba
Communications Director, GOYFF